



Mammogram screening *Subsidy*

NATIONAL POPULATION AND FAMILY DEVELOPMENT BOARD (NPFDB) SUBSIDY PROGRAMME FOR MAMMOGRAM SCREENING

Breast cancer is the leading cause of cancer deaths in women in Malaysia. Women aged 40 and above are encouraged to undergo mammogram screening, apart from performing self breast examination and clinical breast examination.

In the 2007 Budget Policy, the Government approved the proposal from the Ministry of Women, Family and Community Development to provide a RM50 subsidy for every mammogram done in private centres registered with the National Population and Family Development Board (NPFDB).

The objective of the subsidy is to promote greater awareness and encourage women in the eligible group to undergo mammogram screening for early detection of breast cancer.

WHO QUALIFIES FOR THE MAMMOGRAM SUBSIDY?

Women who qualify for the subsidy are **Malaysian citizens and permanent residents, aged 40-70 years, with monthly household income of RM5,000.00 or less, and fulfilling one of the criteria below:**

- › Women at high risk for breast cancer; or
- › Women referred for diagnostic mammograms; or
- › Mammogram screening before starting hormone replacement therapy; or
- › Repeat mammograms for those already in the subsidy programme.

CRITERIA FOR HIGH RISK WOMEN

CRITERIA A

Having **one** of the following factors:

- Family history of breast cancer; or
- Previous history of atypia on breast biopsy; or
- Previous history of breast cancer or ovarian cancer; or
- Currently on hormone replacement therapy.

OR

CRITERIA B

Having **two** of the following factors:

- Family history of ovarian cancer; or
- Women who have no children or who had their first child after the age of 30; or
- Had the first menstrual period before the age of 12; or
- Menopause after the age of 55; or
- Body Mass index of more than 30.

CRITERIA FOR WOMEN AGED 35 – 39

- Have family history of breast cancer below the age of 40; and
- Examined and referred to NPFDB by doctors; or
- Women with breast lumps referred for diagnostic mammogram.

HOW TO APPLY FOR MAMMOGRAM SUBSIDY

Women who are interested may apply at any Nur Sejahtera clinic nationwide or register online followed by a visit to the clinic. Those eligible for the subsidy will have to undergo a breast examination at the clinic prior to referral for a mammogram.

FREQUENCY OF SCREENING

- Annually, for those who are eligible.

MAMMOGRAM CENTRES REGISTERED UNDER THE SUBSIDY PROGRAMME

The list of Mammogram Centres registered under the Subsidy Programme is available at all Nur Sejahtera clinics and at the NPFDB website www.lppkn.gov.my or mammogram.lppkn.gov.my



Ministry of Women, Family and
Community Development



National Population and Family
Development Board